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High Resolution Two-Dimensional Polyacrylamide Gel Electrophoresis of Cerebrospinal Fluid in Patients with Neurological Diseases

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Summary: The protein pattern of cerebrospinal fluid (CSF) of 334 patients with various neurological and systemic diseases was investigated by high resolution two-dimensional electrophoresis (2-DE). 2-DE gels of normal CSF contain proteins which are not detectable in 2-DE gels of serum. Disturbances of the blood-brain or blood-CSF barrier, and degenerative diseases of the brain and malignant diseases produce specific changes on 2-DE gels of the CSF. The appearance of 10 spot areas in the light chain region of 2-DE gels seem to be connected with the diagnosis of multiple sclerosis. The sensitivity and the specificity of these spot areas for the diagnosis of multiple sclerosis are described. Proteins within the ten spot areas are immunoglobulin light chains or substances which cross-react very strongly with light chain antibodies as demonstrated by immunoblotting and immunoabsorption.

Introduction

Cerebrospinal fluid (CSF) is in close contact with the brain, and some proteins in CSF are derived from the central nervous system (CNS) (1). Many serum proteins are present in CSF of healthy individuals,

but at a concentration one two-hundredth of that in serum. Two-dimensional electrophoresis (2-DE) of serum and CSF proteins has demonstrated that certain proteins are normally present in only one of the two fluids (2–9). Diseases involving the CNS may

markedly affect the protein pattern of the CSF. Such changes, e.g. multiple sclerosis (1) or disorders of the blood-brain barrier (10) are used diagnostically. Malignant and infectious diseases may also alter CSF protein concentrations and patterns.

High resolution 2-DE in polyacrylamide gels (PAGE), as described originally by O'Farrell (11) and later adapted for serum by Anderson & Anderson (12), is a very powerful technique for resolving proteins in biological fluids, particularly when it is combined with a silver staining procedure (13). This method has been adapted for CSF by Merrill et al. (14) and we have used a modification of the Anderson procedure (1).

Materials and Methods

Patients and cerebrospinal fluid

Three hundred and thirty four CSF specimens were collected from patients from 3 to 87 years of age who underwent diagnostic spinal taps and spinal myelograms at the Mayo Clinic. Approximately equal numbers of the sexes were represented. CSF specimens were received in the laboratory within one hour after spinal tap. Specimens were centrifuged to remove cellular elements and stored at -70°C until analysed by 2-DE.

Clinical analysis and the laboratory procedure were carried out independently.

Sixteen patients who had no evidence of any organic neurological or systemic diseases such as vascular or tension headache, idiopathic scoliosis, tension myalgia, or atypical facial pain, were used as the control group. Other patients were divided into 13 disease groups (tab. 1).

Specimen preparation

Specimens containing 300 μg of protein (determined turbidimetrically on the aca III (Du Pont, Inc., Wilmington, DE, USA) were dialysed against 0.1 mol/l ammonium formate and concentrated by lyophilization. In preliminary experiments we found that with this procedure at least 96% of the starting protein quantity was recovered. Protein was dissociated by heating for 5 min at 95°C in 100 μl sample preparation buffer, pH 9.5, containing 20 g/l sodium dodecylsulphate (SDS), 50 g/l mercaptoethanol, 50 mmol/l cyclohexylamino sulphonic acid (CHES, Calbiochem, San Diego, CA, USA), and 100 g/l glycerol. Ten μl samples of this preparation were loaded in duplicate on ISO-gels.

Electrophoresis

2-DE was performed by a modification of the ISO-DALT system of Anderson & Anderson (12) as described previously (2, 15). The first or ISO-dimension is isoelectric focusing in polyacrylamide (35 g/l) under denaturing conditions: 9 mol urea, 20 g surfactant NP-40, 19 g 3.5–10 ampholytes, and 5 g 5–7 ampholytes (Ampholines, LKB Instruments, Rockville, MD, USA), 1.6 g arginine and 1.0 g lysine were added to 1 l of acrylamide solution. Isoelectric focusing was performed at 10 600 Vh after prefocusing for 1 h at 200 V with 0.85 g/l phosphoric acid as anolyte and 1.0 mol/l sodium hydroxide as catholyte. ISO-gels were equilibrated subsequently in a buffer containing 20 g/l SDS for 8 min and quickly frozen in a solid CO_2 /ethanol bath.

Tabl. 1. Clinical diagnosis of patients.

Control	16
Demyelinating disease	58
Definitive multiple sclerosis	14
Probable multiple sclerosis	14
Possible multiple sclerosis	21
Others	9
Peripheral neuropathies	16
Polyradiculopathies	23
Disc syndromes, spinal stenosis etc.	21
Myelopathies	15
CNS degenerative diseases, including dementia	31
Encephalopathies	11
Seizures	8
Meningoencephalitis	28
Hydrocephalus	9
CNS neoplasms	26
Systemic malignancies without CNS involvement	22
Miscellaneous including syphilis and post operative	50
Total	334

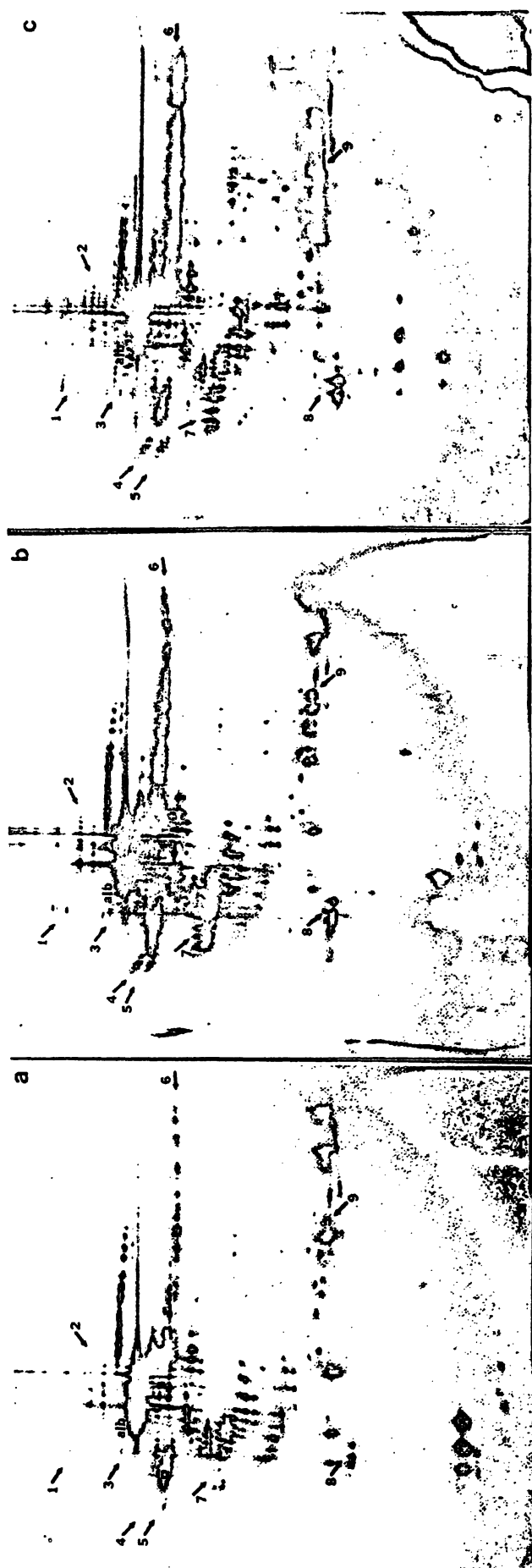
The second dimension, SDS-PAGE in a 100 g/l to 230 g/l acrylamide gradient slab gel, was performed in DALT tanks (Electro/Nucleonics, Inc., Oak Ridge, TN, USA) with a buffer containing 3.5 mmol/l SDS, 24 mmol/l tris, 0.2 mol/l glycine.

2-DE gels were stained with ammoniacal silver nitrate and formaldehyde citrate (15, 16). Stained 2-DE gels were photographed and inspected and evaluated visually. Spots on the 2-DE gels of CSF were identified by comparison with a reference map of normal human serum (15). The reproducibility of 2-DE has been described previously (15).

Immunoabsorption

Antibodies against the human kappa and lambda light chains (Dakopatts, Accurate Chemical & Scientific Corporation, Westbury, NY, USA) were coupled to CNBr-activated Sepharose 4B (Pharmacia, Piscataway, NJ, USA) following the procedure described by the manufacturer and Dermer et al. (4). Antibody protein (2 mg) was coupled to 1 ml gel at 4°C and incubated overnight in a buffer at pH 8.3 containing 0.1 mol/l sodium bicarbonate and 0.5 mol/l sodium chloride. Free ligands were blocked with 1 mol/l ethanolamine at pH 8.0 and excess protein was washed off with 0.1 mol/l acetate buffer containing 0.5 mol/l sodium chloride and 2 g/l detergent Tween 20. Antibody-coupled Sepharose was equilibrated and stored in phosphate-buffered saline pH 7.2 with 10 mg/l sodium azide.

Immunoabsorption was performed in microcolumns (3 ml disposable syringes) filled with 1 ml Sepharose coupled to the individual antibody. Three CSF and three human serum specimens, each containing 350 μg protein were first absorbed on the anti-kappa antibody column, and in a second step the eluent was absorbed on the anti-lambda antibody column. The specimen, from which light chains had been depleted, was treated in the same way as the original CSF specimen (following dialysis and lyophilization) and subjected to 2-DE. Bound light chains were eluted in two steps; first with an acid glycine buffer (0.1 mol/l glycine and 0.5 mol/l sodium chloride adjusted to pH 2.5 with 0.2 mol/l hydrochloric acid), then elution was repeated with 100 ml/l dioxane in the same buffer. The pH of the eluate was immediately raised by addition of solid tris. The eluate was treated in the same way as the absorbed samples.



Some patients with malignant diseases and neurological symptoms, suggesting involvement of the CNS, demonstrated several characteristic protein spots on their 2-DE gels (fig. 3). Many of these are present in the area at the acidic end of the light chains, particularly in patients with leukaemia involving the CNS. A series of three to four spots of relative molecular weight of approximately 60 000 and an isoelectric point of approximately pH 7.0 have been observed on 2-DE gels of CSF from 3 patients with leukaemia without involvement of CNS. None of the patients had been treated with intrathecal cytostatic agents.

Patients with multiple sclerosis showed characteristic protein patterns in the light chains with some augmentation of other spots normally present in this region. These included distinctive, sharply edged spots (fig. 4). We selected ten different locations within this area on 2-DE gels of CSF from patients with different degrees of severity of multiple sclerosis for the evaluation of the relationship of the spots to the disease as indicated in figure 4. Some of these spots are present in 2-DE gels from patients with other diseases, but to a lesser extent. In table 2 the distribution and frequency of these spots are listed. All spots which are classified as α have clearly defined edges and are distinct. β indicates that an area contains a protein spot with a less defined edge (diffuse spots). — indicates that no protein is visible within a spot area. Spots within areas 6, 7, 8, 9, and 10 (fig. 4) typically have well defined edges. For spots in these areas the signs ++, and +, refer to the amount of protein. The combined frequency of α and ++ spots from CSF of patients with multiple sclerosis and other demyelinating diseases was significantly different ($p < 0.01$) from CSF from patients without clinical evidence of demyelinating diseases. We also calculated the specificity and sensitivity of each spot for multiple sclerosis (18). One value was calculated for sensitivity and specificity for spot areas classified with both α and ++ and another value for spots classified with both α and ++ together with β and +. The true positive rates (sensitivity) were plotted against the false positive rates ($1 - \text{specificity}$), and receiver operating characteristic (ROC) curves were drawn (fig. 5). The detection of a protein within spot areas with + and ++ and α and β reveals a high

Fig. 2. 2-DE gels of (a) CSF of a normal patient, (b) CSF of a patient with a disc syndrome and (c) serum of a normal control person. Serum-specific spots in CSF which indicate a damaged blood-brain or blood-CSF barrier are marked with arrows and are numbered 1–9 (alb = albumin). Note these numbers do not correspond to the same numbered spots in figure 1.

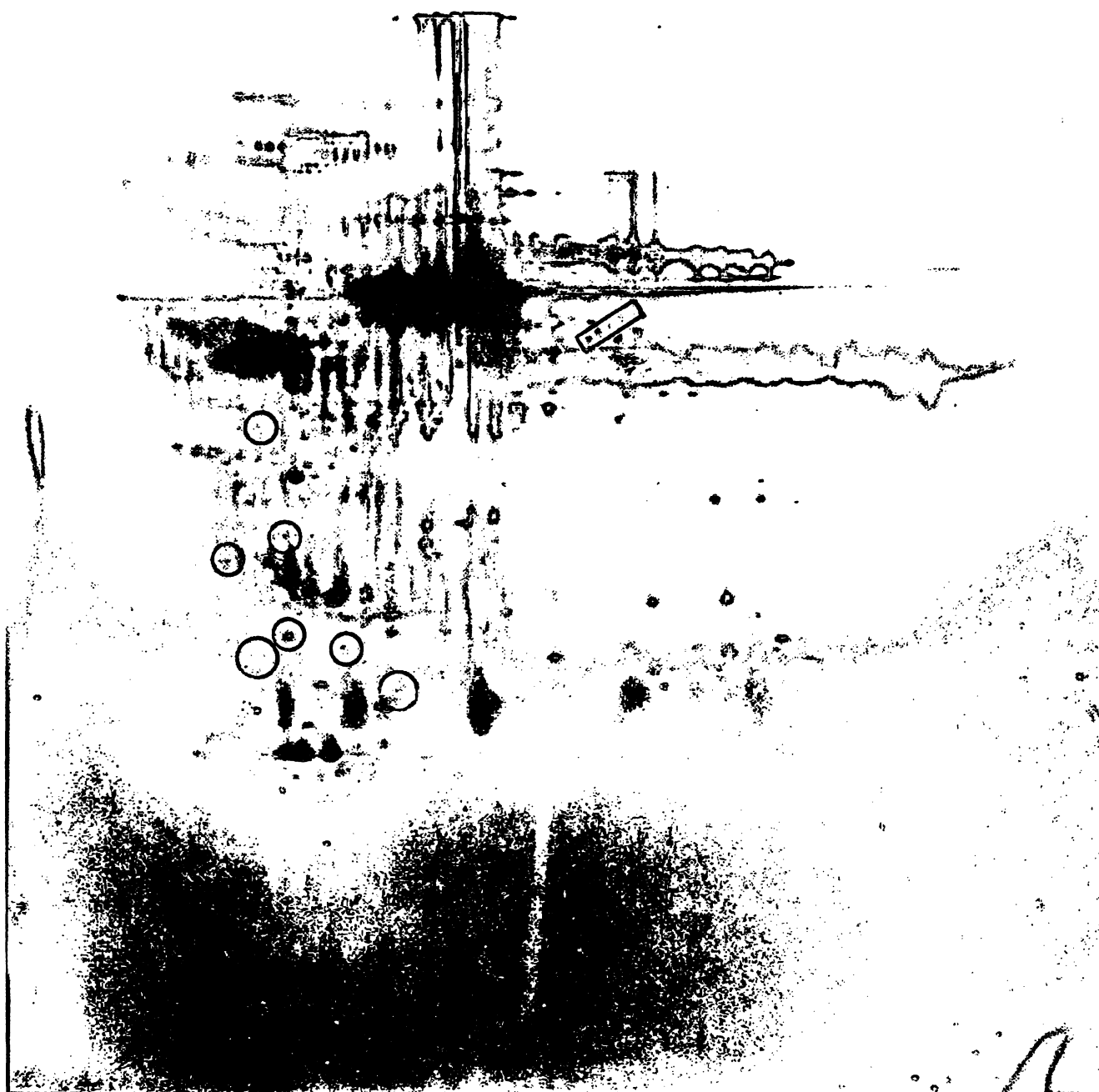


Fig. 3. 2-DE of CSF from a patient with acute lymphatic leukaemia. Spots within the rectangle were found in three other patients with the same disease. The other marked spots were only found in this specimen.

sensitivity, but low specificity for the diagnosis of multiple sclerosis. On the other hand, the evaluation of sharp edged spot formation in spot areas 1–5 (classified with α) and high concentrations in spot areas 6–10 (classified with $++$) against spots with blurred boundary (classified with β) or low concentrations (classified with $+$) or absence (classified with $-$) improves specificity but diminishes sensitivity. Spots 6–10 showed a positive correlation with sensitivity and a negative correlation with specificity with respect to the quantity of protein. Spots within the areas 1–5 demonstrated good specificity for multiple sclerosis, if their edges are well defined. If these spots are evaluated depending on their presence only (spots

with well $[\alpha]$ or ill $[\beta]$ defined edges) sensitivity increases, but specificity diminishes. Spots within areas 1–4, and 10 show a high specificity but a relatively low sensitivity for multiple sclerosis. No obvious differences in the light chain region could be found between patients with the different subclasses.

2-DE of CSF from two patients with multiple sclerosis and from one patient without any obvious neurological or systemic disease, as well as one human serum, were blotted on nitrocellulose sheets and stained with peroxidase-labeled antibodies against the immunoglobulin light chains kappa and lambda. The nature of the multiple sclerosis-associ-

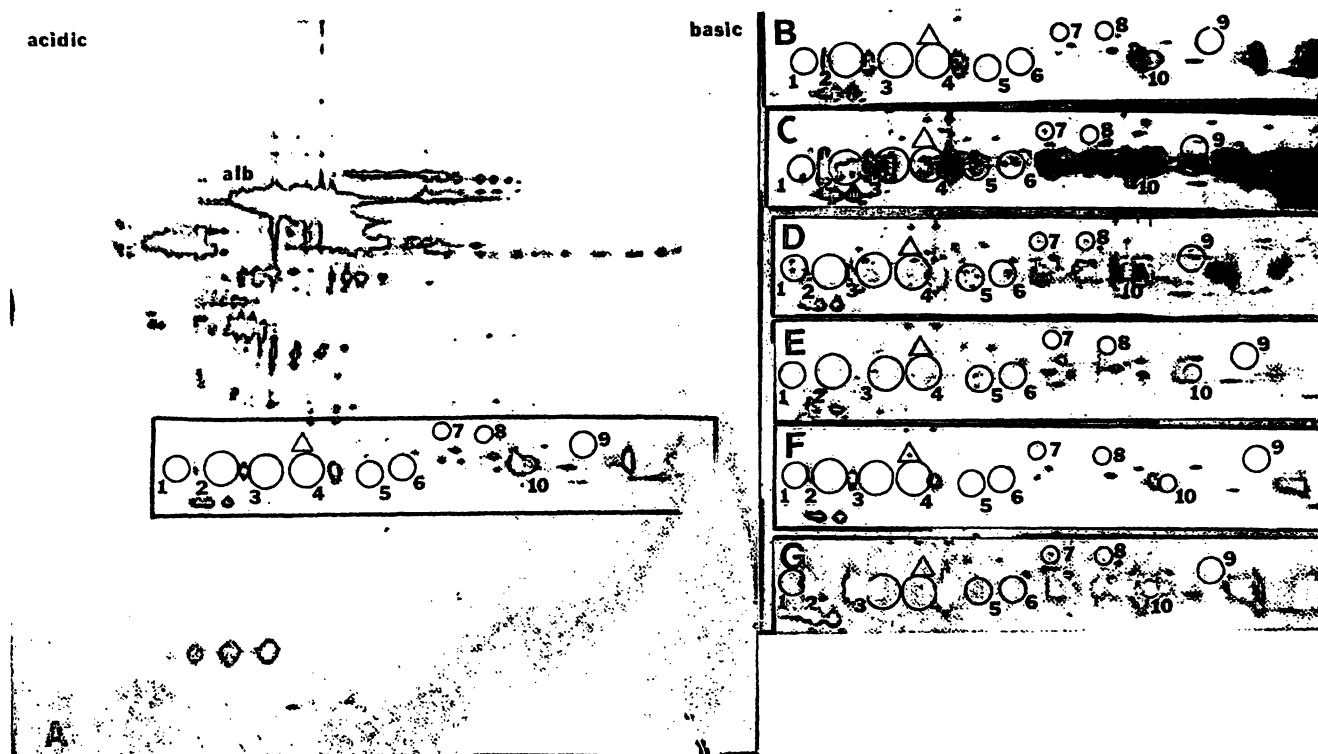


Fig. 4. A) 2-DE gel of CSF of a normal control person. The light chain area is marked. Spot areas 1–10 marked with circles are associated with multiple sclerosis. B) light chain area of 2-DE gel of CSF of a normal control person. C) and D) light chain areas of 2-DE gels of CSF of patients with multiple sclerosis. E) light chain area of a 2-DE gel of a patient with encephalomeningitis. F) light chain area of a 2-DE gel of CSF of a patient with *Parkinson's* disease. A disease-associated spot is within the triangle. G) light chain area of a 2-DE gel of a patient with *Alzheimer's* disease. The spot apparently associated with *Parkinson's* disease can be recognized in the triangle. The numbering of these spots is not the same as in figures 1 and 2.

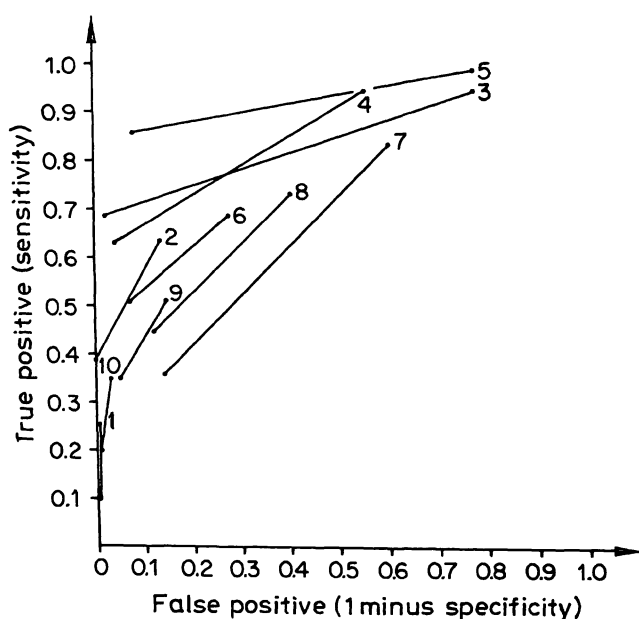


Fig. 5. ROC curves of the 10 spots associated with multiple sclerosis. Numbers are taken from spot areas as described in figure 4 and table 2. Specificity and sensitivity relate to the diagnosis of multiple sclerosis. The increase of specificity and decrease of sensitivity can be recognized if the spot areas are classified only with ++ and α . If only the presence of a protein within the spot areas (classified as + and ++ as well as α and β) is used for classification there is a high sensitivity, but low specificity.

ated spots could not clearly be determined by this method. Therefore we took CSF specimens from other patients with the same diagnosis, and depleted the immunoglobulin light chains (kappa and lambda) by immunoabsorption. One CSF specimen of a patient with multiple sclerosis was absorbed twice before analysis by 2-DE. Spots 2, 3, and 4 in figure 4 largely disappeared with absorption, although they were still faintly visible, while the spots 1, 5, 6, 7, 8, 9, and 10 of figure 4 disappeared completely. Nevertheless, the strong reaction suggests that the multiple sclerosis-associated proteins in the light chain region are immunoglobulin light chains themselves or proteins which show a very high cross-reactivity with immunoglobulin light chains.

Laboratory data concerning the CSF IgG index (ratio of IgG and albumin in CSF divided by the ratio of IgG and albumin in serum) and the presence of oligoclonal bands (determined by agarose gel electrophoresis) were available in only a few cases. Whenever the CSF IgG index was increased or oligoclonal bands were present, the spots associated with multiple sclerosis were observed on 2-DE gels of CSF within the light chain area. There was no single spot area

Table 2. Multiple sclerosis associated spots as marked in figure 5 and evaluated as described in the text.

Diagnosis	Spot areas #																			
	Total 1		2		3		4		5		6		7		8		9		10	
	-	β α	-	β α	-	β α	-	β α	-	β α	-	β α	-	β α	-	β α	-	β α	-	β α
Multiple sclerosis	14	11 1 2	6 3 5	0 1 13	0 3 11	0 0 14	3 3 8	2 6 6	4 5 5	7 1 6	7 3 4									
Probable multiple sclerosis	14	11 2 1	4 2 8	1 2 11	1 3 10	0 2 12	3 3 8	1 8 5	4 3 7	5 4 5	9 2 3									
Possible multiple sclerosis	21	14 4 3	8 7 6	2 9 10	2 9 10	1 4 16	9 3 9	5 9 7	5 6 10	12 3 6	16 2 3									
Other	9	7 2 0	5 2 2	0 5 4	0 5 4	1 2 6	5 3 1	2 4 3	7 2 0	7 0 2	6 2 1									
Demyelinating diseases total	58	43 9 6	23 14 21	3 17 38	3 20 35	2 8 48	20 12 26	10 27 21	20 16 22	31 8 19	38 9 11									
Control	16	16 0 0	11 5 0	1 14 1	6 9 1	1 13 2	13 2 1	3 10 3	6 8 2	14 1 1	16 0 0									
Peripheral neuropathy	16	16 0 0	15 1 0	3 11 2	3 12 1	2 12 2	14 0 2	7 6 3	7 8 1	14 2 0	16 0 0									
Polyradiculopathy	23	23 0 0	22 1 0	8 14 1	15 8 0	7 15 1	17 6 0	9 14 0	15 8 0	22 0 1	21 2 0									
Disc syndrome	21	21 0 0	21 0 0	9 11 1	14 6 1	12 9 0	17 4 0	12 9 0	18 3 0	19 0 2	21 0 0									
Myelopathy	15	15 0 0	11 3 1	2 9 4	2 11 2	3 9 3	5 5 5	5 6 4	9 3 3	11 2 2	14 1 0									
CNS degenerative disease	31	31 0 0	29 2 0	9 21 1	18 13 0	7 24 0	27 4 0	13 16 2	22 9 0	26 4 1	31 0 0									
Encephalopathy	11	11 0 0	9 2 0	3 7 1	5 6 0	1 9 1	9 2 0	6 5 0	6 3 2	11 0 0	10 1 0									
Seizure	8	8 0 0	8 0 0	2 6 0	2 6 0	4 4 0	7 1 0	4 3 1	6 2 0	6 2 0	8 0 0									
Meningoencephalitis	28	28 0 0	22 4 2	8 19 2	13 11 4	5 17 6	14 7 7	11 9 8	17 7 4	20 5 3	24 3 1									
Hydrocephalus	9	9 0 0	9 0 0	0 9 0	2 7 0	0 9 0	7 2 0	1 8 0	7 1 1	9 0 0	9 0 0									
Neoplasma	26	25 1 0	22 4 0	3 23 0	13 13 0	6 19 1	16 7 3	11 10 5	16 3 7	24 1 1	26 0 0									
Syst. malignancy	22	21 1 0	15 6 1	6 16 0	6 15 1	6 13 3	14 7 1	10 6 6	11 5 6	19 2 1	21 0 1									
Miscellaneous	50	48 2 0	45 5 0	9 39 2	25 25 0	10 38 2	41 8 1	18 26 6	26 18 6	42 7 1	50 0 0									
Total non-multiple sclerosis	276	272 4 0	239 33 4	63 198 15	124 142 10	64 191 21	201 55 20	110 128 38	166 78 32	237 26 13	267 7 2									

(*) Spot formation with well defined edges within spot area.

(β) Spot formation with ill defined edges within spot area.

(-) No detectable protein within spot area.

(++) Spot contains large amount of protein.

(+) Spot contains lesser amount of protein.

that was characteristic of a high index or presence of oligoclonal bands, and several patients demonstrated multiple sclerosis-associated spots, although their CSF IgG index was in the reference range and no oligoclonal bands were present.

A protein spot described as specific for *Parkinson's* disease by *Harrington & Merrill* (7) was also found in all three patients with this disease whom we investigated (fig. 4 F). However, the same spot was also in the CSF of about one half of the patients with *Alzheimer's* disease and other dementias and, to a much lesser extent, in CSF specimens from patients with other diseases (fig. 4 E).

Discussion

As our normal control population, we selected CSFs from patients who showed no evidence of any neurological or systemic disease, and established a reference map for 2-DE gels of CSF which has been published previously (2). This map shows several additional proteins not present in the map of CSF from normal individuals published by *Goldman et al.* (5). However, it is uncertain whether these differences are related to the use of different silver stains or to different control populations.

The protein concentration of CSF is about one two-hundredth of that in serum. We always loaded ISO-gels with the same amount of protein to facilitate interpretation of gel patterns. The protein concentrations in the CSF specimens varied from 18 mg/l to more than 100 mg/l. Therefore different volumes of CSF were subjected to 2-DE. Upon comparing 2-DE gels from serum and from concentrated CSF containing the same amount of protein, we identified several spots which are present in CSF only. This does not mean that they are not derived from serum, because they could be present at a concentration below the threshold of detection.

Comparison of 2-DE gels of serum and CSF shows that proteins in spot area 8 (fig. 1) are present in concentrated CSF but not in serum, but no relationship could be established with any disease state. We suspect that this group of spots is associated with inflammatory states affecting the CNS. Spots of area 8 (fig. 1) are similar in appearance to apolipoproteins on 2-DE gels stained with silver nitrate with the method described by *Oakly* (16) and the area overlaps apolipoprotein E in 2-DE gels of serum (15). This area consists of at least three different proteins (19).

Spots of area 10 in figure 1 have been described as specific for CSF (6). However, we have observed these spots in 2-DE gels of pleural and abdominal effusions and in sera which have been stored over

several years in a freezer with multiple freeze-thawings (personal observation). The spots may therefore be related to degradation of larger proteins. Their presence in CSF may indicate either enhanced degradation of proteins in CSF or slow metabolic elimination of degraded proteins from the CSF. Additionally these spots reacted with antibodies against light chains which suggests an antigenic relationship with these immunoglobulin subunits.

Transthyretin (spot 11 in fig. 1), which appears to contain more acidic subunits in CSF than in serum (6), is present normally at a higher concentration in CSF than in serum. When the serum transthyretin is increased, additional acidic subunits show up on 2-DE gels (15).

Anderson & Anderson have demonstrated microheterogeneity of transferrin in serum due to neuraminidase digestible residues (21). The anodic end of transferrin, which is much more pronounced in CSF than in serum, may be due to a diminished amount of neuraminidase digestible residues since, treatment of serum with neuraminidase produced a similar transferrin pattern on their 2-DE gels. A conversion of iron-1-transferrin to apo-transferrin might also be a reason for the more basic appearance of transferrin on 2-DE gels of CSF when compared with 2-DE gels of serum.

The relative increase of some serum proteins in CSF in patients with a damaged blood-brain or blood-CSF barrier suggests that quantitative analysis of these protein spots might produce further information on the degree of damage. Thus the absolute amount of protein together with the molecular size and charge of specific proteins might be of value in assessing the extent of damage.

The spots we have found in CSF of patients with malignancies involving the CNS were not constant from patient to patient, except for a series of spots which we found in three patients with acute lymphatic leukaemia. Each of these spots must be characterized, and investigated in other patients with leukaemia and other diseases to establish its diagnostic specificity.

Certain immunoglobulins have been described as oligoclonal bands in CSF of patients with multiple sclerosis. They also appear in other inflammatory processes of the CNS which are usually accompanied by increased immunoglobulin concentrations in the CSF. Oligoclonal bands in CSF are not specific for multiple sclerosis (1). Changes in the light chain area and particularly the formation of additional spots have been noted with 2-DE previously (2, 3, 8, 21). The density of these areas correlated well with oligoclonal band formation (3, 8).

In this study we decided to characterize spots which seemed to be associated with multiple sclerosis according to their sharp edge and clearly distinguishable nature (fig. 4, tab. 2). Immunoabsorption and immunoblotting demonstrated that these spots were apparently light chains. In one patient with multiple sclerosis, spot areas 2, 3, and 4 could not be completely eliminated in the specimen, even after double absorption before analysis by 2-DE. The reason is not clear. We postulate that these spots are formed by immunoglobulin light chains themselves or proteins which have a high cross-reactivity with immunoglobulins. *Walsh* et al. also describe certain spot formation in the light chain area of 2-DE gels of CSF of patients with multiple sclerosis. They present strong evidence that they are clonal formations of light chains (9).

The diagnostic relevance of the light chain area on 2-DE gels from CSF of patients with multiple sclerosis is of interest. *Harrington* et al. (8) described certain areas as multiple sclerosis-related, and these appear to be the same as our multiple sclerosis-associated areas. Their spot area #118 seems to be identical to our spot area #2 (fig. 4), their spot area #119 with our spot area #3, their spot area #115 with our spot area #4, and their spot area #114 with our spot area #5. The more basic light chain spots in our gels are outside the range of these investigators' isoelectric protein separation. By adding basic amino acids and a highly concentrated catholyte we achieved better resolution on the basic side of the gel (15). Additionally, differences in the technique, reagents and patient selection may give rise to the differences between their pattern and ours. It is possible that additional spots might be found in the basic end of the light chain region using a different isoelectric gradient for the first dimension. *Harrington* et al. (8) describe an increased density in different areas, while we found spot formations not only in these areas but also in other areas. Multiple sclerosis is a diagnosis which is mainly established by clinical characteristics. Biochemical parameters such as CSF IgG concentration, CSF IgG index, or oligoclonal banding do not necessarily concur with the clinical diagnosis of multiple sclerosis (1). Some patients in the myelopathy group probably have multiple

sclerosis. The spots were found in the same area in 2-DE gels of CSF of patients with meningoencephalitis, but were not usually in a configuration typical for multiple sclerosis (fig. 4). We classified them as ++, because differentiation is difficult.

The variability of the light chain patterns in 2-DE gels of patients with multiple sclerosis might indicate biochemical and immunological variations connected with this disease. The presence of these spots suggests that patients with multiple sclerosis may form some type of atypical immunoglobulins. Many theories exist about the pathogenesis of multiple sclerosis, including direct and indirect virus effects, autoimmune processes, and deficiencies of the immunoregulatory system (22). The association of the formation of all or some of these multiple sclerosis-associated spots with a pathogenic agent such as a virus or autoantigen, or with disturbance of the immunoregulatory system remains to be investigated. The statistical evaluation and the ROC curves show that some of these spots have a high specificity for multiple sclerosis, but a low sensitivity. The evaluation of the presence of protein in the spot areas is highly sensitive for multiple sclerosis, but may not be adequate for the diagnosis of multiple sclerosis, because high specificity is also required (23).

Harrington & Merrill have described a spot on 2-DE gels of CSF that is associated with *Parkinson's* disease (7). We observed this spot in three patients with this disease, but also in some patients with other degenerative diseases. The diagnostic specificity of this protein has still to be investigated.

High resolution 2-DE is a potential tool for investigation of the protein pattern of CSF. Using various neurological disorders, we have demonstrated the potential of this technique for detecting disease-specific changes in the protein pattern in CSF.

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